



## Gleaning Weekday Specific Packet

### What is Gleaning?

CROS Gleaning is a program of CROS Ministries, in partnership with the Palm Beach County Food Bank and other food distribution agencies. It is a food recovery strategy that allows produce that is below market grade or unmarketable, but equally nutritious and beneficial to be harvested and distributed to the food insecure of Palm Beach and Martin Counties instead of being plowed back into the soil.

Since people live apart from where their food is grown, gleaning requires volunteers who will bridge the gap between the field and the pantry to bring food to locations where persons in need can receive it. Farmers donate the produce they cannot sell to CROS Ministries. Volunteers gather the produce. Palm Beach County Food Bank and our other food-distributing partners then distribute the recovered produce to local agencies with feeding programs for individuals and families with low-incomes, seniors, veterans, people with disabilities, and the homeless. The food is given away free of charge.

### Scheduling a Weekday Event

Our gleaning program is open to individuals and groups on Saturday and Sundays without minimum size requirements. This is because we are able to combine people to make gleaning events efficient and a good return on our limited resources. You are receiving this packet because of your interest in scheduling a weekday event where you will most likely be the sole volunteer group at the event. For us to offer the event, we do have some minimum requirements involving group size and time in the field.



- 1. Minimum group size is 35 individuals. The only exceptions to this group size rule are listed below.**
  - a. The first is a Clewiston Cabbage gleaning or a Belle Glade Lettuce gleaning where the minimum is 6 and the maximum is 15. *Note – Belle Glade lettuce gleanings require gleaners to be 13 years of age or older.* These gleanings can be held on Thursdays, Fridays or Mondays.
  - b. The second is on our small business gleaning days; February 21<sup>st</sup> and March 20<sup>th</sup> where there is no minimum size.
- 2. The minimum time in the field is two hours of picking time.** That means you will arrive and be in the field picking for two hours, leaving additional time to arrive and depart the field and organize your group for the return to your location.

## **These are the steps to schedule a weekday gleaning.**

1. Consult the suggested days list included in this packet. You will see that most of them fall on Mondays and Fridays. This is to make things easier for our growers who are either starting or have finished a field we are picking on. We can do other weekdays if we must, but we would prefer being less of a nuisance to our growers.
2. Contact Keith, CROS Ministries' Gleaning Director, at [kcutshall@crosmministries.org](mailto:kcutshall@crosmministries.org). He will be able to confirm for you if that date is still open or if it is full. And, set with you starting and ending times. We glean in the mornings.
3. Once confirmed, please send Keith the name of the group leader(s), their email address, and a phone number he can reach them on the day of the gleaning. This is in case a weather event causes a cancellation.
4. You will receive directions to the field as follows:
  - a. If your event is on Monday, you will receive the directions on the Tuesday of the previous week.
  - b. If your event is on Friday, you will receive directions on Tuesday of that week.
  - c. If it is another weekday, Keith will inform you of when you will receive directions.
5. Our weekday events are primarily in the Boynton Beach/Delray Beach area with the exception of our cabbage gleaning which is in Clewiston, mango gleaning in Lantana, and lettuce gleaning which is in Belle Glade.
6. Make sure everyone completes a waiver form. Collect them and give them to the gleaning supervisor at the beginning of the event.
7. Parking
  - a. If you will be traveling by charter bus, please know that most charter companies will not drive their buses on dirt roads or into field complexes. Please let Keith know if this is your means of transport so he can direct you to the closest and safest place to debus. You might have to walk into the field complex.
  - b. If you are traveling by school bus, please let Keith know so that he can greet you and direct you to a safe parking place.

### **RULES FOR GLEANERS**

1. **When gleaning, remember you are on another person's property.** Treat it better than your own property. (Make sure you are leaving no water bottles, candy wrappers, etc.). We are guests, please don't abuse the privilege, or we may lose it.
2. Every gleaner must complete the enclosed Gleaner Form. **All gleaners under 18 years of age must have the waiver signed by their parents and be accompanied by a supervising adult.**
  - **Chaperones who are on the property must also complete a gleaning waiver, even if they are not picking.**

3. **All gleaners still in elementary, middle, or high school must be accompanied by a supervising adult. This includes high school students, 18 years of age or older.**
4. **In the field, the field supervisor is in charge.** Follow his/her instructions and directions completely. They are there to protect your safety, the safety of the produce, and to protect the property owner's interest. Glean only in those areas designated by the field supervisor.
5. **Children five years of age and older may glean with direct adult supervision. Children ages 5 and 6 must** be within arm's reach of a responsible adult at all times. Some gleaning events are limited to older participants. These are designated on the schedule as 13+.
6. Safety is of utmost importance in gleaning. **If any activity is questionable do not do it.** Such safety practices include:
  - Do not climb trees or fences.
  - Do not ride on the back of moving vehicles.
  - Stay away from farm machinery, canals, and roadways.The field supervisor can cancel a gleaning at any time if he/she feels these rules are not being followed.
7. No pets please, it is not safe for them and a violation of food safety practices.

### **HELPFUL HINTS**

1. It is often good to dress in layers. In the morning, it is likely to be cold and damp, wearing a long sleeve shirt and long pants is recommended. As it gets warmer, a short sleeve shirt may be better.
2. **Closed toed shoes are required.** No flip flops or open toed or heel shoes are permitted.
3. In cornfields, long pants are needed. Leaves from the corn stalks are sharp and can cut the skin.
4. It is recommended that all gleaners wear gloves and hats in the field, apply sunscreen, and have bug spray handy in case insects are an issue.
5. Bathroom facilities are unavailable in most gleaning fields. It is advisable to use the bathroom prior to coming to the field.

# Gleaner's Liability Waiver for 2019-2020 Gleaning Season

Please complete and bring to the field with you each time you glean.

**REQUIRED:** In the event I or my child suffer any illness or accident requiring emergency or hospitalization, medication or surgery while participating in this gleaning, on the recommendation of the doctor, after consultation with the adults in charge of this event, I hereby give my permission for any medical treatment which may deem necessary and reasonable under the circumstances, understanding that the gleaning coordinator or other responsible person will contact me at the earliest possible moment. I fully understand and comprehend that reasonable care will be exercised by the adult staff for this gleaning event to protect the safety of those involved.

Photos, videos, audio and other images in which I appear that are taken during gleanings may be used by CROS Ministries for news coverage, newsletters, publicity, reports, displays, and for other print, broadcast, web or electronic news, or promotional purposes.

Safety is of paramount importance in a gleaning event. For the protection of all involved, this disclaimer is necessary: I do not hold the board members or employees of CROS Ministries, Palm Beach County Food Bank, or any volunteers liable for any injury, bodily harm, accident or death of myself/my child during gleaning events sponsored by CROS Ministries. Neither will I hold the person(s) who own and/or operate the farm(s), business, plant, orchards, groves or the homeowner who owns the backyard, from which we glean, liable for accidents, injury, or death during the gleaning events.

For events at Agri-Gators, Inc., the following also applies: Safety is of paramount importance in a gleaning event. For the protection of all involved, this disclaimer is necessary: I do not hold the person(s) who own and/or operate the farm(s), or employees of Agri-Gators, or any volunteers liable for any injury, bodily harm, accident or death of myself/my child during gleaning events.

Name \_\_\_\_\_ Age \_\_\_\_\_  
*Print*

Signature \_\_\_\_\_ Date \_\_\_\_\_  
*Gleaner*

Group \_\_\_\_\_

<b>If Gleaner is under 18 or 18+ and still in High School Parent must sign below</b>	
Signature _____ <i>Parent/guardian if gleaner is under 18 years of age</i>	_____ Date _____
Supervising Adult _____	

## Notify in Case of Emergency

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_ Alternate Phone # (\_\_\_\_) \_\_\_\_\_

**Medical Conditions or Drug Allergies:** \_\_\_\_\_

## Optional Information

I would like community service hours for this event. You must provide an email address below.

E-mail address \_\_\_\_\_

I'd like to receive weekly notification of gleaning events for the 2019-2020 season.

E-mail address \_\_\_\_\_

## Gleaning Dates and Locations

Please understand that all of the locations listed below are tentative. Growing conditions vary year to year, agricultural markets do as well. Listed below are our best estimates based upon previous experience. Locations could open sooner, later or not at all. We will let you know as soon as we know. Also, new growers join us from time to time and that will also create unforeseen opportunities in new locations.

<u>Day of the Week</u>	<u>Calendar Date</u>	<u>Anticipated Locations</u>	
Friday	January 17 <sup>th</sup>	Boynton Beach	
Monday	January 20 <sup>th</sup>	Boynton Beach	
Friday	January 24 <sup>th</sup>	Boynton Beach	
Monday	January 27 <sup>th</sup>	Boynton Beach	
Friday	January 31 <sup>st</sup>	Delray Beach, Boynton Beach	
Monday	February 3 <sup>rd</sup>	Delray Beach, Boynton Beach	
Friday	February 7 <sup>th</sup>	Delray Beach, Boynton Beach	
Monday	February 10 <sup>th</sup>	Delray Beach, Boynton Beach	
Friday	February 14 <sup>th</sup>	Delray Beach, Boynton Beach	
Monday	February 17 <sup>th</sup>	Delray Beach, Boynton Beach	
Friday	February 21 <sup>st</sup>	Delray Beach, Boynton Beach	Small Business Event
Monday	February 24 <sup>th</sup>	Delray Beach, Boynton Beach	
Friday	February 28 <sup>th</sup>	Delray Beach, Boynton Beach	

Starting in February and running through April there is an opportunity for a small group of ten to twelve people to glean cabbage in Clewiston. This gleaning doesn't work well for larger groups. A group of ten can harvest between 10,000 and 12,000 pounds. If you want to make a big difference let us know you want to go to the cabbage patch.

Monday	March 2 <sup>nd</sup>	Delray Beach, Boynton Beach	
Friday	March 6 <sup>th</sup>	Delray Beach, Boynton Beach	
Monday	March 9 <sup>th</sup>	Delray Beach, Boynton Beach	
Friday	March 13 <sup>th</sup>	Delray Beach, Boynton Beach	
Monday	March 16 <sup>th</sup>	Delray Beach, Boynton Beach	
Friday	March 20 <sup>th</sup>	Delray Beach, Boynton Beach	Small Business Event
Monday	March 23 <sup>rd</sup>	Delray Beach, Boynton Beach	
Friday	March 27 <sup>th</sup>	Delray Beach, Boynton Beach	
Monday	March 30 <sup>th</sup>	Delray Beach, Boynton Beach	
Friday	April 3 <sup>rd</sup>	Delray Beach, Boynton Beach	
Monday	April 6 <sup>th</sup>	Delray Beach, Boynton Beach	
Friday	April 10 <sup>th</sup>	Delray Beach, Boynton Beach	
Monday	April 13 <sup>th</sup>	Delray Beach, Boynton Beach	
Friday	April 17 <sup>th</sup>	Delray Beach, Boynton Beach	
Monday	April 20 <sup>th</sup>	Delray Beach	

Tuesday	June 2 <sup>nd</sup>	Lantana
Tuesday	June 9 <sup>th</sup>	Lantana
Tuesday	June 16 <sup>th</sup>	Lantana
Tuesday	June 23 <sup>th</sup>	Lantana
Tuesday	June 30 <sup>th</sup>	Lantana
Thursday	July 2 <sup>nd</sup>	Lantana
Tuesday	July 7 <sup>th</sup>	Lantana
Tuesday	July 14 <sup>th</sup>	Lantana
Tuesday	July 21 <sup>st</sup>	Lantana

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