

How You Can Help...

- ♥ Donate leftovers from any function – parties, business meetings, etc.
- ♥ Help prepare, serve and clean-up lunch one day, Monday – Friday, 8:30 a.m.-1:00 p.m.
- ♥ Deliver a meal to the homebound, Monday, Wednesday, or Thursday, between 11:00 a.m. and 6:00 p.m.
- ♥ Help prepare and serve the evening meal, Monday, Wednesday, or Thursday, between 4:45 p.m. and 6:00 p.m.
- ♥ Help pick up donated items one morning, Monday – Friday.
- ♥ Handyman jobs, yard work or cleaning maintenance.
- ♥ Pick up food on an on-call basis.
- ♥ Donate large, #10 cans of food: tuna, beans, tomato sauce, vegetables, fruit, etc.
- ♥ Donate travel size toiletries, e.g., soap, deodorant, razors, toothpaste, shampoo.
- ♥ Donate paper goods, e.g., Styrofoam plates, plastic forks, garbage bags.
- ♥ Donate new socks and underwear for men or women.
- ♥ Donate Palm Tran bus passes to transport people to job interviews and medial or social service appointments.
- ♥ Financial contributions.

Thank You for Your Help!

Without the support of the community, this program would not be possible.

We are Grateful for our Sponsors!

- The Avenue Church
- Advent Lutheran, Boca
- Alliance of Delray Residential Assoc.
- American Legion Post 188
- Ascension Catholic Church
- Barwick Baptist Church
- B'nai Torah Congregation
- Bonner Foundation
- Cason UMC
- City of Delray Beach
- Church of the Palms
- Community Foundation for Palm Beach and Martin Counties
- Congregation B'nai Israel
- Co Co Woods Ladies Club
- Delray Beach Clergy Assoc.
- First Baptist Church, Delray
- First Church of Christ, Scientist
- First Presbyterian, Delray
- First UMC, Boca, East and West Campuses
- First UMC, Boynton
- Forrest & Frances Lattner Foundation
- G.F.W.C. The Women's Club of Delray Beach
- Grace Community Church
- Junior League of Boca Raton
- Lakeview Baptist Church
- Lattner Family Foundation
- Libra Foundation
- MAZON: A Jewish Response to Hunger
- M.B. & Edna Zale Foundation
- Mt. Olive Missionary Baptist Church
- Office Depot
- PBC Community Food Alliance
- Publix Supermarkets
- Rid-A-Pest
- Safety Net Challenge
- St. Edward's Catholic Church
- St. Joseph's Episcopal Church, Boynton
- St. Mark Greek Orthodox Church
- St. Matthew's Episcopal Church
- St. Paul's Episcopal Church, Delray
- St. Vincent de Paul Regional Seminary
- St. Vincent de Paul Society
- St. Vincent Ferrer Church and School
- Temple Beth El
- Temple Beth Torah
- Temple Torah of W. Boynton
- Temple Sinai
- Trinity Lutheran Church
- UMC of the Palm Beaches
- Unity Church of Delray

The Caring Kitchen

196 NW Eighth Avenue
Delray Beach, FL 33444

(561) 278-0918 • Fax: (561) 278-0914
caringkitchen1@bellsouth.net

The Caring Kitchen is a program of C.R.O.S. Ministries,
Christians Reaching Out to Society, Inc.

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*More Than
A Hand Out...
A Hand Up!*



The Caring Kitchen

*Serving the working poor, homeless and
low-income of Delray Beach
for over 17 years.*

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Essential Services for Those in Need

BREAKFAST

Monday - Friday, 9:00 - 10:00 a.m.

We average 50 meals each morning, primarily serving the homeless and providing a safe place to go.

LUNCH

Monday – Friday, 11:30 a.m. – 12:30 p.m.

We average 220 meals, or 4,700 meals per month. During the meal, Caring Kitchen staff visit with participants and inform them about available resources:

- Health Care District
- Homeless Outreach Team
- Human Services
- Community Food Pantry
- Job Assistance
- Social Security



MEALS FOR SHUT-INS

Monday, Wednesday, Thursday

We deliver meals to more than 48 people who are homebound, primarily senior citizens. Volunteers visit with those we serve, record any needs and help connect them to social services. We also assist with minor home repairs.



The Caring Kitchen... A History of Caring

In 1993, to address the ongoing problems associated with hunger in our community, area congregations that were supporting C.R.O.S. Ministries' Community Food Pantry opened a hot meal program at Mt. Olive Missionary Baptist Church in Delray Beach.

In 1997, The Caring Kitchen moved to its current location at 196 NW Eighth Avenue.

From the beginning, C.R.O.S. Ministries' Caring Kitchen program has focused on three vitally important goals:

- To serve the hungry - homeless and near homeless individuals and families, low-income, and senior citizens.
- To build a sense of community across diverse economic, religious, racial and age groups.
- To enable and assist those who are able to become self-sufficient.

DINNER

**Monday, Wednesday, Thursday, Sunday
5:00 - 5:30 p.m.**

Volunteers serve hot meals and bring hope to those most at-risk in our community. We average 60-65 meals each night, or 1,040 meals per month.

WEEKEND MEALS

Saturday, 9:00 - 9:30 a.m.

Cason United Methodist Church

Two bag lunches are given out for Saturday and Sunday. We average 160 people per weekend, or 1,300 meals per month.

D.C.F. Community Partner

Assistance with Government Aid Process

Volunteers assist participants to apply for Food Stamps, Medicaid and cash assistance.

By appointment only. Call 561-271-1566.



*For Information, contact
The Caring Kitchen*

April Hazamy

Program Director and Client Advocate

Sister Mary Ann Caulfield

Assistant Program Director and Volunteer Coordinator
(561) 278-0918

Visit our website at www.crosministries.org

